

Lent Guide

2022



THE EPISCOPAL DIOCESE OF WEST TENNESSEE | THE RT. REV. PHOEBE ROAF, BISHOP

Prayer & Music



Choral Evensong with Holy Eucharist

*Sunday, March 6 at 5:30 p.m. | Church of the Holy Communion:
4645 Walnut Grove Rd., Memphis, 38117*

For the first time since nave construction and the pandemic, the Holy Communion Parish Choir will sing Choral Evensong with Holy Eucharist on Sunday, March 6, at 5:30 p.m. The Rhodes Women's Chorus, under the direction of Dr. Ellen Koziel, will join the Parish Choir for this service. Contemplative choral music will include the Thomas Tallis Short Service (Magnificat and Nunc dimittis), and the Women's Chorus will sing anthems by Francis Poulenc and 20th century composer Eleanor Daley. Hymns from the evening rite, including "The day thou gavest," will be sung by the congregation. Dr. David Ouzts will direct the choir, the Reverend Dr. Randy McCloy will officiate, and the Reverend Hester Mathes will celebrate the Eucharist.



Music at St. Mary's Concert Series presents Violinist Basil Alter and Pianist Elham Fanous

*Wednesday, March 9 at 7 p.m. | St. Mary's Episcopal Cathedral:
700 Poplar Ave., Memphis, 38105*

Join us for an evening of music following the 6 p.m. soup supper and faith conversation (page 7). This outstanding duo won the Manhattan School of Music's Fuchs Memorial Chamber Music Competition in 2020. They will be presenting a program of Bach, Beethoven and Mozart duos.



Contemplative Celtic Communion

*Sundays during Lent at 5:15 p.m. | Church of the Holy Apostles:
1380 Wolf River Blvd., Collierville 38017*

A simple and peaceful service of holy Eucharist, with music for meditation offered by local musicians.



Wednesday Noon Eucharist

*Wednesdays at 12 p.m. | Barth House Episcopal Center:
409 Patterson St. on the University of Memphis Campus (38111)*

All are invited to join us for the Eucharist each week at the Barth House. Please contact the Rev. Dr. Noah Campbell with any questions: ncampbell@episwtn.org.



Evening Prayer & Yoga

Thursdays at the Barth House Episcopal Center: 409 Patterson St. on the University of Memphis Campus (38111)

5:30 p.m.: Evening Prayer; 6 p.m.: Yoga

Make prayer and yoga a part of your Lenten practice. Each week at the Barth House, you are invited for Evening Prayer (5:30 p.m.) followed by yoga, lead by instructor Cathy Thordarson. Free and open to all. Please contact the Rev. Dr. Noah Campbell with any questions: ncampbell@episwtn.org.



Stations of the Cross: Church of the Holy Apostles

*Fridays in Lent at 12:30 p.m. | Church of the Holy Apostles:
1380 Wolf River Blvd., Collierville, 38017*

A traditional service of readings and prayers that invite us to walk with our Lord in 'the way of the cross.'



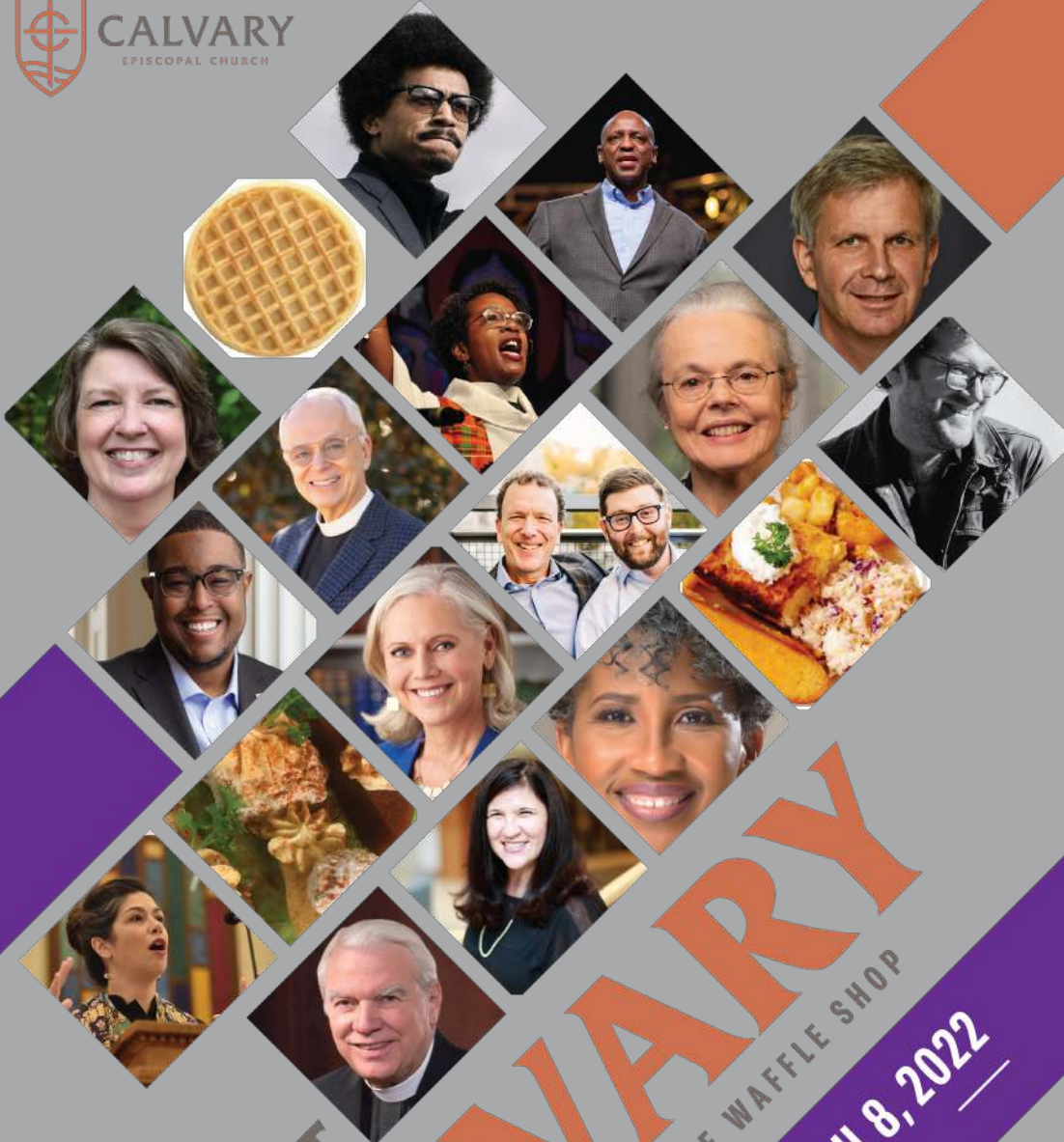
Stations of the Cross: St. Mary's Cathedral

*Fridays in Lent at 6 p.m. | St. Mary's Episcopal Cathedral:
700 Poplar Ave., Memphis, 38105*

All are invited to walk the 12 stations of the last day of Jesus Christ's life from his trial in front of Pilate to the empty tomb.



CALVARY
EPISCOPAL CHURCH



LENT AT CALVARY PREACHING SERIES & THE WAFFLE SHOP

MARCH 3-APRIL 8, 2022
WEDNESDAYS-FRIDAYS

SPEAKER: 12:05-12:40 P.M.
WAFFLE SHOP: 11 A.M. - 1:30 P.M.



Check our website for a detailed schedule of events.

calvarymemphis.org/lps



Calvary Lenten Preaching Series & Waffle Shop

102 N. 2nd Street | Memphis, 38103

Calvary Episcopal Church launches its 99th annual Lenten Preaching Series and Waffle Shop Thursday, March 3rd, offering outstanding speakers and traditional Waffle Shop favorites **Wednesdays through Fridays through April 8.**

Calvary's famous Waffle Shop will serve up homemade waffles, tomato aspic, chicken salad, and other favorites plus daily specials including the beloved and curiously-named fish pudding **Wednesdays through Fridays, 11 a.m. - 1:30 p.m.** All proceeds from the Waffle Shop support outreach ministries across the city of Memphis.

This year's Preaching Series features national and local spiritual leaders from a variety of backgrounds and religions including the Rev. Canon Stephanie Spellers, Pádraig Ó Tuama, and Rabbi Katie Bauman. Hear them **12:05 p.m. through 12:40 p.m.,** with the option to enjoy a Waffle Shop lunch before or immediately afterward. You can listen to our speakers in person or through a live stream on Calvary's Facebook page, YouTube channel, or website.

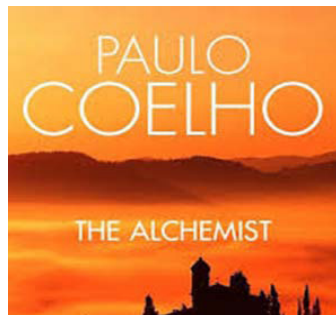
A complete listing of preachers as well as Waffle Shop daily specials can be found at calvarymemphis.org/lps.

In addition to the noontime experience, Calvary offers **DIALOGUE: The Lenten Preaching Series Podcast** recorded live at Calvary Episcopal Church, Memphis each Wednesday. Everyone is invited to these live podcast recordings with our guests each **Wednesday evening from 6:30-7:30.** These moderated conversations will be part of Calvary's podcast series. You can enjoy a Waffle Shop-type experience before the podcast recording from 5:15-6:15 p.m.

NEW THIS YEAR is **Silence in the City, an opportunity for quiet meditation at Calvary each Tuesday from 12:05-12:45 p.m.** All are welcome to come find a moment of silence and prayer in this sacred and holy season. Conversation will follow next door in the Great Hall for those interested.

calvarymemphis.org/lps

Learning

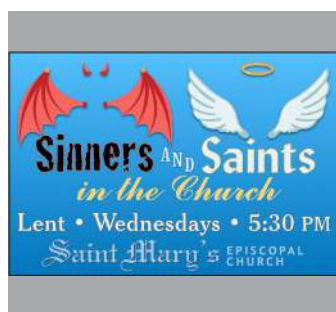


Youth Book Study: *The Alchemist*

Wednesdays, March 9-30 from 5-6 p.m.

Grace-St. Luke's: 1720 Peabody Ave., Memphis, 38104

All youth grade 6-12 are invited to explore the mysteries of life and the desert with this classic. Join us for four weeks of Lenten readings and practices focused on self-care and spiritual discernment. For more information, contact Amzie Williams, Director of Youth Formation at Grace-St. Luke's: awilliams@gracestlukes.org.



Sinners & Saints in the Church

Wednesdays during Lent (March 9 - April 6) at 5:30 p.m.

Saint Mary's Dyersburg: 108 N. King Ave., Dyersburg, 38024 | in-person and via Zoom

Saint Mary's Episcopal Church in Dyersburg is offering a study on Sinners and Saints in the Church and what we can learn from the examples (good, bad, and otherwise!) of their lives. Please contact Fr. Gary Meade with any questions or for Zoom login credentials: gmeade@stmarysdyersburg.org; 731-589-3370.

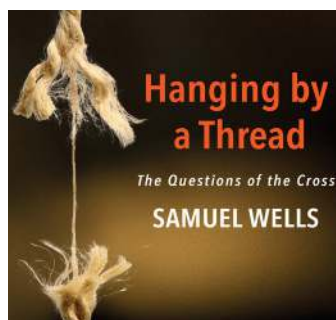


Practical Tools for Connecting with God

Wednesdays, March 9-30 from 6-7 p.m.

Grace-St. Luke's: 1720 Peabody Ave., Memphis, 38104 | in-person and via Zoom

Following Fr. Martin Smith's "Getting Real with God" presentation at Grace-St. Luke's in February, Fr. Jesse Abell will discuss practical and user-friendly techniques for prayer and connecting with God. All are welcome. Sign up at tinyurl.com/GSLPracticalTools. *A Zoom option will also be available.*



Online Book Discussion: *Hanging By a Thread*

Wednesdays during Lent (March 9 - April 6) at 7 p.m.

Join the Rev. Dr. Noah Campbell, vicar of Church of the Good Shepherd, for an online discussion of *Hanging by a Thread: The Questions of the Cross* by Samuel Wells. Please contact Fr. Noah for information on joining this online discussion: vicar.goodshepherdmemphis@gmail.com

This book study will be followed by online Compline at 8 p.m.

Community



Drive-In Movies at St. Mary's Cathedral

Fridays during Lent (March 4 - April 15) at 7 p.m.

St. Mary's Episcopal Cathedral: 700 Poplar Ave., Memphis, 38105

Join us in the parking lot for an outdoor movie every Friday in Lent, complete with popcorn. The first movie on Friday, March 4 will be *Sister Act*.



Soup & Salad Series

Most Wednesdays during Lent (March 9 - April 13) from 5-7 p.m.

St. Anne's Millington: 4063 Sykes Rd., Millington, 38053

St. Anne's, Millington, will host a Lenten "Soup and Salad" Series. A variety of lay and clergy guest speakers will address "Apology and Forgiveness." The evening begins with a meal at 5 p.m. in St. Anne's Parish Hall. At 5:30 p.m., each speaker is allotted thirty minutes with an additional 15 minutes for questions and answers. The program will end with Compline. Bishop Phoebe will kick off the series on March 9.

Contact Rev. John Edgar Freeman, vicar, with questions or for additional information: johnedgarfreeman@gmail.com. This is an in-person event and there is no charge. *St. Anne's practices physical distancing and strongly encourages Covid vaccinations.*



Soup Supper & Faith Conversation

March 9 - April 6 at 6 p.m.

St. Mary's Episcopal Cathedral: 700 Poplar Ave., Memphis, 38105

Join Rev. Sarah Cowan for a soup supper, followed by a short video, conversation, and Eucharist on Wednesday evenings in Lent at 6:00 p.m. We will eat together, then enjoy a program taught and facilitated by Rev. Sarah called "Signs of Life: Why Church Matters." This is a video and discussion series offered through the Society of St. John the Evangelist. We will conclude with the Eucharist.

Service



Spring Cleaning at St. Mary's Cathedral

Saturday, March 26, 10 a.m. to 2 p.m.

St. Mary's Episcopal Cathedral: 700 Poplar Ave., Memphis, 38105

Everyone is invited to come for any amount of time to pitch in to keep our cathedral looking beautiful. Additionally, those staying through the lunch hour are invited to bring potluck-style lunch items to share: crock pots of soup, or something to complement. Cleaning supplies will be provided, and Building Manager Mark Henderson will be guiding us.

Retreats



St. Clare Silent Women's Retreats

Friday, March 4 & Friday, April 1, 8:30 a.m. to 1 p.m.

*St. Columba Episcopal Retreat & Conference Center: 4577 Billy Maher Rd., Memphis, 38135 | **in-person and online***

St. Clare retreatants follow the Psalmist's invitation to come away for a time, to experience God's presence in silent community.

What to Expect: After greetings and coffee, a brief meditation and communion are offered; then a peaceful, reflective two-hour period of silence begins. During this time, retreatants walk on beautiful wooded paths, sit by the fire, relax in a chair on the patio, knit, read, write, pray or just quietly commune with God. At the end of the silence, a short service proceeds lunch and conversation.

Registration required. \$35 fee for in-person attendees; free for online attendees. Register at saintcolumbamemphis.org/stclare.



Lenten Morning Retreat: *Being Nourished with the Bread of Life*

Saturday, March 26, 8 a.m. to Noon

Grace-St. Luke's: 1720 Peabody Ave., Memphis, 38104

Fr. Jesse Abell will offer a morning of reflection and prayer, based on the "Bread of Life" images that Jesus uses in John's Gospel. As part of the morning, various activities, including bread-baking, will be available. Our time together will close with a Holy Eucharist using some of our freshly baked bread.

Registration requested by Sunday, March 20, \$10 fee: tinyurl.com/GSLLentenRetreat2.



Episcopal Church Lent Resources

- Lenten Virtual Borderlands Experience webinar series
- Lent curriculum, calendar, and bulletin inserts
- Sermons, lesson plans, and devotionals
- “Prophetic Voices” podcast series
- Lent Madness
- Videos and publicity materials

THE *Episcopal* CHURCH 

Available Online

For a full catalog of new and updated resources for individuals, small groups, and congregations, go to episcopalchurch.org/lent-resources.



The Episcopal Diocese of West Tennessee
692 Poplar Ave. | Memphis, Tennessee 38105
EDWTN.org