



Morning Prayer

February 1, 2026

The Fourth Sunday after the Epiphany

I will give you as a light to the nations, that my salvation may reach to the end of the earth.

Isaiah 49:6b

Confession of Sin

Let us confess our sins against God and our neighbor.

Silence may be kept.

Officiant and People together, all kneeling

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

Invitatory and Psalter

BCP p. 80

All stand

Officiant Lord, open our lips.
People **And our mouth shall proclaim your praise.**

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.
Alleluia.

Venite**Psalm 95:1-7**

The Lord has shown forth his glory: Come let us adore him.

Come, let us sing to the Lord; *
 let us shout for joy to the Rock of our salvation.
Let us come before his presence with thanksgiving *
 and raise a loud shout to him with psalms.
For the Lord is a great God, *
 and a great King above all gods.
In his hand are the caverns of the earth, *
 and the heights of the hills are his also.
The sea is his, for he made it, *
 and his hands have molded the dry land.
Come, let us bow down, and bend the knee, *
 and kneel before the Lord our Maker.
For he is our God, and we are the people of his pasture and the sheep of his hand. *
 Oh, that today you would hearken to his voice!

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**

The Lord has shown forth his glory: Come let us adore him.

Psalm 15*Domine, quis habitabit?***BCP p. 599**

LORD, who may dwell in your tabernacle? *
 who may abide upon your holy hill?
Whoever leads a blameless life and does what is right, *
 who speaks the truth from his heart.
There is no guile upon his tongue; he does no evil to his friend; *
 he does not heap contempt upon his neighbor.
In his sight the wicked is rejected, *
 but he honors those who fear the LORD.
He has sworn to do no wrong *
 and does not take back his word.
He does not give his money in hope of gain, *
 nor does he take a bribe against the innocent.
Whoever does these things *
 shall never be overthrown.

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**

The Lessons**The First Lesson****Micah 6:1-8**

A Reading from the Book of the Prophet Micah.

Hear what the LORD says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the LORD, and you enduring foundations of the earth; for the LORD has a controversy with his people, and he will contend with Israel. “O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab

devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the LORD.”

“With what shall I come before the LORD, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the LORD be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?” He has told you, O mortal, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God?

The Word of the Lord.

Thanks be to God.

16. The Song of Zechariah

Benedictus Dominus Deus

Luke 1:68-79

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.
Through his holy prophets he promised of old, that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.
This was the oath he swore to our father Abraham, *
to set us free from the hands of our enemies,
Free to worship him without fear, *
holy and righteous in his sight all the days of our life.
You, my child, shall be called the prophet of the Most High, *
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation *
by the forgiveness of their sins.
In the tender compassion of our God *
the dawn from on high shall break upon us,
To shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**

The Second Lesson

1 Corinthians 1:18-31

A Reading from the First Letter to the Corinthians.

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, “I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.” Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, “Let the one who boasts, boast in the Lord.”

The Word of the Lord.

Thanks be to God.

21. You are God

Te Deum laudamus

You are God: we praise you;
You are the Lord; we acclaim you;
You are the eternal Father:
All creation worships you.
To you all angels, all the powers of heaven,
Cherubim and Seraphim, sing in endless praise:
 Holy, holy, holy Lord, God of power and might,
 heaven and earth are full of your glory.
The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.
Throughout the world the holy Church acclaims you;
 Father, of majesty unbounded,
 your true and only Son, worthy of all worship,
 and the Holy Spirit, advocate and guide.
You, Christ, are the king of glory,
the eternal Son of the Father.
When you became man to set us free
you did not shun the Virgin's womb.
You overcame the sting of death
and opened the kingdom of heaven to all believers.
You are seated at God's right hand in glory.
We believe that you will come and be our judge.
 Come then, Lord, and help your people,
 bought with the price of your own blood,
 and bring us with your saints
 to glory everlasting.

Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

The Gospel

Matthew 5:1-12

A Reading from the Gospel According to Matthew.

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

“Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

The Word of the Lord.

Thanks be to God.

The Sermon

The Apostles' Creed

BCP p. 96

I believe in God, the Father almighty,
 creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
 He was conceived by the power of the Holy Spirit
 and born of the Virgin Mary.
 He suffered under Pontius Pilate,
 was crucified, died, and was buried.

He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. **Amen.**

The Prayers

BCP p. 97

Officiant The Lord be with you.
People **And also with you.**
Officiant Let us pray.

The Lord's Prayer

Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those
 who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.

Suffrages B

V. Save your people, Lord, and bless your inheritance;
R. **Govern and uphold them, now and always.**
V. Day by day we bless you;
R. **We praise your name for ever.**
V. Lord, keep us from all sin today;
R. **Have mercy on us, Lord, have mercy.**
V. Lord, show us your love and mercy;
R. **For we put our trust in you.**
V. In you, Lord, is our hope;
R. **And we shall never hope in vain.**

The Collect of the Day

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Collect for Sundays

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. **Amen.**

A Prayer for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

Here may be sung a hymn or anthem.

Authorized intercessions and thanksgivings may follow.

Before the close of the Office one or both of the following may be used

The General Thanksgiving

BCP p. 101

Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. **Amen.**

A Prayer of St. Chrysostom

BCP p. 102

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. **Amen.**

Then may be said

Let us bless the Lord.

Thanks be to God.

The Officiant may then conclude with one of the following

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen.** *Ephesians 3:20-21*

ANNOUNCEMENTS

Lenten Book Study: *The Mission Always Wins* | Thursdays, Feb. 19 - April 9; 12 p.m. (Virtual). During Lent, the Rev. Canon Rob Courtney will host a book study of *The Mission Always Wins: Quit Appeasing Stakeholders* by Tod Bolsinger. Drawing on insightful storytelling, practical exercises, and real-world examples, Bolsinger invites leaders to cut through the noise and focus on what truly matters—the mission. This study is designed for lay and clergy leadership and will connect with our 2026 Diocesan Convention theme, “*A Vision for the Appointed Time*.” Registration is required: EDWITN.org/event/lenten-book-study-the-mission-always-wins/

Confirmation & Baptism Classes | Wednesdays, February 25 - March 25; 7:00-8:15 p.m. (Virtual). Deepen your faith and explore the Episcopal tradition through a diocese-wide series of Confirmation and Baptism Classes offered on Zoom, culminating in the Easter Vigil at St. Mary's Cathedral on April 4, 2026 at 5 p.m. Led by the Revs. Noah Campbell, Hester Mathes, and Drew Woodruff, these Wednesday evening Zoom sessions provide a welcoming and thoughtful space to learn, reflect, and connect with others from across the diocese. Classes are open to all, not only those seeking Confirmation or Baptism. Whether you are new to the Episcopal Church, returning after time away, preparing for a sacramental milestone, or seeking a refresher on the foundations of the faith, you are welcome. This series is especially well-suited for individuals and congregations that do not have local Confirmation classes. Each class will conclude with a brief Compline service beginning at 8 p.m. Participants are encouraged to attend an Ash Wednesday service of their choice on February 18. Registration is required and will close on Sunday, February 22. Please contact the Rev. Noah Campbell with any questions: ncampbell@stmarysmemphis.org. Register: <https://tinyurl.com/EDWTNConfirmation>

Invite Welcome Connect Webinar: *Nurturing What God Is Growing Among Us* | Wed., Feb. 4, 1:00 p.m. Healthy ministry begins with paying attention. In this free webinar, **Invite Welcome Connect** will introduce a simple, grace-filled assessment tool designed to help small congregations reflect on how they currently practice the ministries of evangelism, hospitality, and belonging. The tool creates space for holy noticing, helping leaders and ministry teams discern where God is already at work and where new growth may be possible, especially in the small church context. Use the QR code below to register.

