



Morning Prayer
March 1, 2026
The Second Sunday in Lent

“I will arise and go to my father, and I will say to him, “Father, I have sinned against heaven and before you; I am no longer worthy to be called your son.” *Luke 15:18, 19*

Confession of Sin

Let us confess our sins against God and our neighbor.

Silence may be kept.

Officiant and People together, all kneeling

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

Invitatory and Psalter

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All stand

Officiant Lord, open our lips.
People **And our mouth shall proclaim your praise.**

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**

The Lord is full of compassion and mercy: Come let us adore him.

Come, let us sing to the Lord; *
 let us shout for joy to the Rock of our salvation.
 Let us come before his presence with thanksgiving *
 and raise a loud shout to him with psalms.
 For the Lord is a great God, *
 and a great King above all gods.
 In his hand are the caverns of the earth, *
 and the heights of the hills are his also.
 The sea is his, for he made it, *
 and his hands have molded the dry land.
 Come, let us bow down, and bend the knee, *
 and kneel before the Lord our Maker.
 For he is our God, and we are the people of his pasture and the sheep of his hand. *
 Oh, that today you would hearken to his voice!

The Lord is full of compassion and mercy: Come let us adore him.

Psalm 121*Levavi oculos***BCP p. 779**

I lift up my eyes to the hills; *
 from where is my help to come?
 My help comes from the LORD, *
 the maker of heaven and earth.
 He will not let your foot be moved *
 and he who watches over you will not fall asleep.
 Behold, he who keeps watch over Israel *
 shall neither slumber nor sleep;
 The LORD himself watches over you; *
 the LORD is your shade at your right hand,
 So that the sun shall not strike you by day, *
 nor the moon by night.
 The LORD shall preserve you from all evil; *
 it is he who shall keep you safe.
 The LORD shall watch over your going out and your coming in, *
 from this time forth for evermore.

**Glory to the Father, and to the Son, and to the Holy Spirit: *
 as it was in the beginning, is now, and will be for ever. Amen.**

The Lessons

The First Lesson**Genesis 12:1-4a****A Reading from the Book of Genesis.**

The LORD said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed."

So Abram went, as the LORD had told him; and Lot went with him. Abram was seventy-five years old when he departed from Haran.

The Word of the Lord.

Thanks be to God.

14. A Song of Penitence

Kyrie Pantokrator

Prayer of Manasseh 1-2, 4, 6-7, 11-15

O Lord and Ruler of the hosts of heaven, *
God of Abraham, Isaac, and Jacob, and of all their righteous offspring:
You made the heavens and the earth, *
with all their vast array.
All things quake with fear at your presence; *
they tremble because of your power.
But your merciful promise is beyond all measure; *
it surpasses all that our minds can fathom.
O Lord, you are full of compassion, *
long-suffering, and abounding in mercy.
You hold back your hand; *
you do not punish as we deserve.
In your great goodness, Lord, you have promised forgiveness to sinners, *
that they may repent of their sin and be saved.
And now, O Lord, I bend the knee of my heart, *
and make my appeal, sure of your gracious goodness.
I have sinned, O Lord, I have sinned, *
and I know my wickedness only too well.
Therefore I make this prayer to you: *
Forgive me, Lord, forgive me.
Do not let me perish in my sin, *
nor condemn me to the depths of the earth.
For you, O Lord, are the God of those who repent, *
and in me you will show forth your goodness.
Unworthy as I am, you will save me, in accordance with your great mercy, *
and I will praise you without ceasing all the days of my life.
For all the powers of heaven sing your praises, *
and yours is the glory to ages of ages. Amen.

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**

The Second Lesson

Romans 4:1-5, 13-17

A Reading from the Letter to the Romans.

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us,

as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

The Word of the Lord.

Thanks be to God.

Blessed be the Lord, the God of Israel; *
 he has come to his people and set them free.
 He has raised up for us a mighty savior, *
 born of the house of his servant David.
 Through his holy prophets he promised of old, that he would save us from our enemies, *
 from the hands of all who hate us.
 He promised to show mercy to our fathers *
 and to remember his holy covenant.
 This was the oath he swore to our father Abraham, *
 to set us free from the hands of our enemies,
 Free to worship him without fear, *
 holy and righteous in his sight all the days of our life.
 You, my child, shall be called the prophet of the Most High, *
 for you will go before the Lord to prepare his way,
 To give his people knowledge of salvation *
 by the forgiveness of their sins.
 In the tender compassion of our God *
 the dawn from on high shall break upon us,
 To shine on those who dwell in darkness and the shadow of death, *
 and to guide our feet into the way of peace.

**Glory to the Father, and to the Son, and to the Holy Spirit: *
 as it was in the beginning, is now, and will be for ever. Amen.**

The Gospel

John 3:1-17

A Reading from the Gospel According to John.

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

The Word of the Lord.

Thanks be to God.

The Sermon

The Apostles' Creed

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I believe in God, the Father almighty,
 creator of heaven and earth.
 I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. **Amen.**

The Prayers

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Officiant The Lord be with you.
People **And also with you.**
Officiant Let us pray.

The Lord's Prayer

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Suffrages B

V. Save your people, Lord, and bless your inheritance;
R. **Govern and uphold them, now and always.**
V. Day by day we bless you;
R. **We praise your name for ever.**
V. Lord, keep us from all sin today;
R. **Have mercy on us, Lord, have mercy.**
V. Lord, show us your love and mercy;
R. **For we put our trust in you.**
V. In you, Lord, is our hope;
R. **And we shall never hope in vain.**

The Collect of the Day

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

Seasonal Collect

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Collect for Sundays

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. **Amen.**

A Prayer for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

Here may be sung a hymn or anthem.

Authorized intercessions and thanksgivings may follow.

Before the close of the Office one or both of the following may be used

The General Thanksgiving

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Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. **Amen.**

A Prayer of St. Chrysostom

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Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. **Amen.**

Then may be said

Let us bless the Lord.
Thanks be to God.

The Officiant may then conclude with one of the following

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. **Amen.**

Romans 15:13

ANNOUNCEMENTS

Diocesan Service of Prayers & Lament | Mon., March 30 at 6 p.m.; Barth House Episcopal Center. At the encouragement of Presiding Bishop Sean Rowe, dioceses across The Episcopal Church will mark the Monday of Holy Week with a public service of prayer and lament. The Episcopal Diocese of West Tennessee will gather for this solemn service on Monday, March 30, 2026, at 6 p.m. at the Barth House. All are invited to come and pray as we enter more deeply into the sacred days of Holy Week—holding before God the griefs of our world and the hope we proclaim in Christ. Barth House Episcopal Center: 409 Patterson St., Memphis, TN 38111.

Summit on the Power of Love with Bishop Michael Curry | Tues., April 21 at Crosstown Concourse (Memphis). Retired Presiding Bishop Michael Curry will visit Memphis this spring for a special community gathering, Summit on the Power of Love, at Crosstown Theater (1350 Concourse Ave.). The evening will feature a keynote address from Bishop Curry, a book signing, refreshments, a joint choir led by Patrick Scott of Grace-St. Luke's Episcopal Church, and music by the Memphis Jazz Workshop. Free and open to the public. Ticket registration information will be announced soon.